



Cambridge Canoe Club Information

www.cambridgecanoecub.org.uk

GENERAL ACTIVITIES The Club meets at its Clubhouse on Sheep's Green, Cambridge, adjacent to the river, between Fen Causeway and Newnham. The Clubhouse is open on Saturday from 2:00-5:00 pm, Sunday 10.00-12.00 am and Monday & Wednesday evenings during summer from 6:00 - 8:00 pm. Saturday opening times from November to April change to 12.00-3.00 pm. There are weekend and day white water tours, winter races (Hare & Hounds), and a New Year's Day paddle. There is a German exchange with Wassersportclub 1931 Heidelberg-Neuenheim. All members are encouraged to participate (paddle or help) in the Club's national ranking race, the Cam Marathon (March). Social events are organised throughout the year.

MEMBERSHIP The Club is open to all interested in canoeing. Those under 18 years are required to take a BCU 1-Star qualification, and other novices are strongly advised to obtain one. The Club membership year runs from 1st April to 31st March. Annual fees are currently set as follows: Adult £50; Junior/Student/Temporary £25; Family £100. Concessionary rates up to 50% may be available.

POOL SESSIONS The Club hires Abbey Pool on Sundays from 6:00-7:00 pm for paddlers to improve personal skills, develop confidence and progress towards canoeing qualifications. The Club has a fleet of small pool/polo kayaks for pool use only. The cost of these sessions is £4.00 per person, £3.00 for juniors, to cover the cost of the hire of the pool. Private boats are not normally allowed in these sessions. Note: Pool sessions run primarily through school terms. There are no pool sessions during August or on Bank Holiday weekends.

NOVICE COURSES These are held for members between May and September, with six one hour sessions, including the BCU 1-Star test. The course fee covers instruction, all equipment, the test fee, certificate and badge. Intensive weekend courses have also been arranged. Please contact the Membership or Courses Secretary (see below) for application forms and further information.

ADDITIONAL COURSES BCU approved courses are available at varying rates. If you are interested in any of these courses please contact the Courses Secretary (see below).

JUNIORS These are accepted onto Club courses provided they can swim 50 metres in light clothing. In all cases the parent (or guardian or designated adult) is responsible for their juniors at all club activities and events (this includes while at the Clubhouse, at the pool sessions and on club trips).

CHILD PROTECTION POLICY The Club has adopted the policy of the British Canoe Union, a copy of which is on file in the Clubhouse. The Club promotes good practise in canoeing and related activities in order to reduce situations for the potential abuse of children and to protect volunteers and others (see leaflet "*Good Practise in the Care of Children*" also on file in the Clubhouse). In case of abuse or suspected abuse, the Club has appointed two persons, who may be contacted at any time with your concerns (May Block [tel. 01223 311715] and Arthur Davis [tel. 01223 832128]).

EQUIPMENT & CLOTHING New members may borrow boats & equipment for the duration of the course, and for a short time afterwards, but thereafter they are most strongly encouraged to equip themselves. There is plenty of advice and some second-hand equipment available from other members. Club boats may be hired by members for out-of-Cambridge use; but must first be requested, booked and paid for from the Quartermaster. The rates are displayed in the Clubhouse. Buoyancy aids are recommended to be worn at all times and are mandatory for U16 year olds.

BUOYANCY AIDS AND HELMETS MUST ALWAYS BE WORN BY ALL PADDLERS ON THE SLUICE

RACKING The Clubhouse has limited racking for private boats available at the current rate set by the committee, but there is NO insurance cover for private boats. Space is at a premium, and priority is given to those who paddle frequently, and are without transport. Application should be made in writing to the Quartermaster. The year runs from 1st April to 31st March for racking fees. Members, having been with the Club for at least six months, may apply for a Clubhouse key. Key holders are expected to take a place on the duty rota for Club open sessions and to operate within the guidelines laid down on receipt of a key. There is a £15 key deposit.

THE BRITISH CANOE UNION The Club is affiliated to the national canoeing body the BCU and operates according to its guidelines. All ranking events in slalom, sprint, white water and marathon racing and competitive polo require participants to be members. Membership has other advantages, including third party insurance cover and a magazine with an events diary, and trade advertisements.

COMMUNICATION A newsletter is produced regularly for members. The Newsletter editor (see below) welcomes articles on news, views or advertisements. Contact him if you wish to submit articles electronically. The Clubhouse notice board also contains full details of events, especially last minute details, or for signing-up for tours etc. The club's web site, www.cambridgecanoecub.org.uk includes a diary of events and links to contact some of the club officers by email. Club members can also get the club email diary and information updates by email. To subscribe, send an email to camcanoe-subscribe@yahoo.com

MORE INFORMATION This sheet gives basic information only. The Club tries to be a friendly one, for people who primarily wish to canoe. Members are prepared to help others when requested, but the onus is on new members to ask questions, read notices, and attend Club events; competitive and social. The Club has no postal address so all correspondence must be with one of its officers; for additional information please contact the Membership Secretary (see below).

CLUB CONTACTS

Honorary President:	Bill Block, 27 Gilbert Rd, Cambridge, CB4 3NX	
Chairman:	Mike Norman, 27 High Street, Barrington, Cambs, CB2 5QX	01223 872344
Treasurer:	Nicole Zahn	07939 195433
Secretary:	Robert Bramley, 10 The Green, Haddenham, Ely, Cambs, CB6 3TA	01353 740999
Membership, and Liaison Officer for Junior Members:		
	Arthur Davis, 20 The Close, Babraham, Cambs, CB2 4AQ	01223 832128
Coaching:	Terry Eley, 19 Ellison Lane, Hardwick, Cambs, CB3 7QA	01954 210814
Competition:	Richard Stagg, 165 Gilbert Rd, Cambridge, CB4 3PA	01223 503414
Tours & Trips:	Tim Mitchell, 7 Mill View, London Rd, Great Chesterford, Saffron Walden, Essex, CB10 1PD	01799 531115
Quartermaster:	Nicholas Nunn, 55 Granta Road, Sawston, CB22 3HT	01223 561956
Newsletter:	Povl Abrahamsen, 21 Carisbrooke Rd, Cambridge, CB4 3LP	01223 572429
Social:	Andrew Cleland, 90 Richmond Rd, Cambridge, CB4 3PT	07790 728896

Welcome to the Club and Happy paddling!